



IT BEGINS HERE.

Coaches have a profound impact on our children. They are mentors, motivators, and leaders. It's a great responsibility and Canada's 2,000,000 coaches embrace it with passion and incredible dedication.

It is that dedication that has motivated millions of coaches to get trained in their sport with Canada's world renowned National Coaching Certification Program (NCCP).

The Canadian Soccer Association's NCCP workshops will give you the confidence to succeed. When you take one of our workshops, you'll not only gain sport-specific technical abilities, but also mentoring and decision-making skills that will enable you to make an immediate impact when you hit the field to coach.

Delivered throughout 750 communities, our workshops are dynamic and engaging, providing coaches with the confidence and tools to succeed!

Active Start

U4-U6

Why should you take this workshop?

- It's designed for the first time coach.
- The focus is on engaging children in "soccer play" and teaching basic physical literacy.
- You'll learn how to run a practice session that is fun, safe and keeps children actively engaged.
- You'll also learn how to communicate to this specific age group.
- You'll leave with a basic toolkit including 12 practice plans.

What happens during the course?

- Active Start takes only 3 1/2 hours.
- The learning environment features interactive discussions in the classroom and practising age-appropriate drills on the field or in the gym.
- Your facilitator will discuss elements like parent management and guidance on all safety requirements.

FUNdamentals

U6-U8 Female / U6-U9 Male

Why should you take this workshop?

- You'll learn how to develop the ABCs of movement: Agility, Balance, Coordination and speed.
- You'll run a practice session that is fun, safe and keeps children actively engaged.
- You'll be able to explain the FUNdamentals of a game in a way that children can understand.
- You'll learn how to communicate to this specific age group.
- You will be provided with effective practice plans that will make preparing for the season easier and will help you make a difference with your team.

What happens during the course?

- FUNdamentals is a 7-hour interactive workshop led by an expert facilitator with years of experience coaching soccer.
- You'll spend time in the classroom and on the field practising drills.
- There are vibrant deliberations regarding parent management and guidance on all safety requirements.

Learn to Train



U8-U11 Female / U9-U12 Male

Why should you take this workshop?

- The emphasis of this course is on technical and tactical development within a small sided game environment (6v6, 7v7, 8v8).
- You'll learn how to teach basic principles of play and how to establish training ethics and discipline in a fun and challenging environment.
- This is a key time to train speed, flexibility and skills – understand your role in developing these skills.
- You'll learn how to communicate to this specific age group.

What happens during the course?

- Learn to Train is a 14-hour interactive workshop led by an expert facilitator with years of experience coaching soccer.
- You'll spend time in the classroom and on the field practising drills.
- There are vibrant deliberations regarding parent management and guidance on all safety requirements.

Soccer for Life

12 yrs + Female / 13 yrs + Male

Why should you take this workshop?

- The emphasis of this course is on technical and tactical development within the 11-a-side game environment.
- You'll learn how to plan and deliver effective, enjoyable, age-appropriate practices and how to provide feedback to your players.
- You will be able to better understand the role of the coach, and the developmental stage of the players you are working with.
- You'll learn how to provide a safe practice/game environment for your players.

What happens during the course?

- Soccer for Life is a 14-hour interactive workshop led by an expert facilitator with years of experience coaching soccer.
- You'll spend time in the classroom and on the field practising drills.
- There are vibrant deliberations regarding parent management and guidance on all safety requirements.

Take "Make Ethical Decisions" – an essential course for any coach.

The schedule and fees for these Community Sport workshops vary for each province and territory. If you have questions about a workshop in your region, click on your province/territory below.

























Contact us today!

To start on your pathway to certification visit us online at canadasoccer.com/coach

Additional workshop information as well as sport nutrition tips, coaching resources and more are available on **coach.ca**







